**ASSIGNMENT END SEM 4**

**EPC 3: Critical understanding of ICT(1/2)**

***Question:-*** Differentiate between traditional and new digital mediums(audio materials, visual & audio visual materials). Explain with examples, how new digital mediums can help teachers and students at the secondary level.

**EPC 4: Understanding the Self**

***Question:-*** When mind is disturbed , **Prana** also gets disturbed .Do you agree with this statement ? Give reason in support of your answer.